



# HANDBOOK INTERNATIONAL STUDENTS 2025 - 2026



**International Relations Office** 

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# **WELCOME!**

We are delighted that you have chosen ENIB to continue your studies.

Moving abroad, moving into a new home, and adapting to another culture are big steps. Living and studying in a different language, is also a real challenge.

This *Handbook for International Students* is here to help you find your bearings, prepare and orient yourself in your new life in France and Brest.

A real boost to your integration, you will find help and practical information to help you make the most of your studies at ENIB.



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# **PART 1: GENERAL PRESENTATION OF ENIB**

### 1 – THE SCHOOL

- ► Founded in Brest in 1961, the École Nationale d'Ingénieurs de Brest (ENIB) is a **graduate school of engineering** and ranks among the highly selective French Grandes Ecoles d'Ingénieurs. It is accredited by the CTI (Commission des titres d'ingénieur) and has received the EUR-ACE European label of quality. General engineering students **complete a 5-year course of study at ENIB** and graduate to careers in **electronics, computer science and mechatronics**.
- ▶ ENIB is renowned for its academic programmes and for the scientific research carried out in its **two research laboratories**, Lab-STICC and IRDL, focusing on the fields of virtual reality, optical communications and adaptive systems.
- ► ENIB's **close ties to business** help graduates rapidly find their place in the job market, with 94% of ENIB graduates finding employment within 4 months of their graduation.



The school is located in the Brest-Iroise Technopôle. This technology cluster brings together engineering schools, research centres and hi-tech firms on a single site.

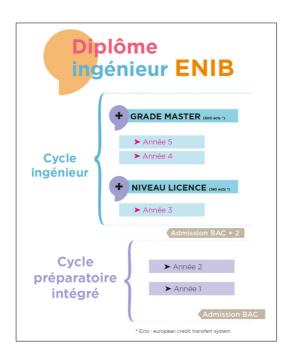


### 2 - PROGRAMS

- ► ENIB offers training in French, but emphasizes proficiency in English, which is the working language in large companies.
- ▶ Students have the option learning a second language. ENIB offers classes in German, Spanish, Mandarin, Portuguese, and Italian (beginner to advanced level).
- ▶ Non-French-speaking students enrolling ENIB, attend French as a Foreign Language (FLE) class.
- ▶ The ENIB engineering degree is accredited by the Commission des Titres d'Ingénieurs (CTI). Only the programs accredited by the CTI can obtain the title of engineer.







- ▶ ENIB awards an engineering degree (Diplôme d'Ingénieur généraliste, equivalent of a Master of Engineering) in Electronics, Computer Science and Mechatronics. This degree awards a Master degree.
- ▶ Programs are organized into 10 semesters (S1 to S10) and 3 intersessions (IS1 to IS3). Every semester has two sessions (fall and spring). Intersessions occur as breaks between two semesters during the first three years of study.
- ▶ The school also awards 4 Master's degrees (national Master degree recognized by the State) :
  - ✓ Master in Computer Science
  - ✓ Master in Fundamental and Applied Physics: Photonics
  - ✓ Master in Telecommunication
    - ✓ Master in Signal and Telecommunications
    - ✓ Master in Electronics Radiofrequency and Telecommunication
  - ✓ Master in Mechanics, Materials and Civil Engineering

- ► ENIB also awards PhD degrees in the fields of Engineering Science and Information and Communication Technology and Science (ICTS).
- ▶ The national Doctorate degree, recognized by the State and issued by an accredited public institution of higher education, awards the title of Doctor.

# 3 - THE ENIB CAMPUS

- ▶ The ENIB campus is located on the Brest-Iroise Technology Park. It has an exceptional setting (panoramic sea and harbor views).
- ▶ 4 main buildings:
  - ✓ Building 1: includes all the administrative offices, technical services, classrooms and project rooms
  - ✓ Building 2: includes libray and classrooms
  - ✓ Maison des Associations (MDA) : includes students associations and cafeteria
  - ✓ The European Center of Virtual Reality (CERV) : located on Claude Chappe street
- ► The Kernevent Community Restaurant (RAK)

The RAK is open to students of the Brest-Iroise Technology Park. It is located near IMT Atlantique.

▶ Digital center (PNBI)

ENIB has access to the shared facility called PNBI, at the Brest Iroise Technology park. It includes a 150-seat digital auditorium, a telepresence room and conventional conference rooms.

► High-performance equipment

Students are trained on the same industrial equipment they will use in a workplace.

- ▶ The school has auditoriums, videoconference rooms, a documentation resource center, a language lab, and computer labs accessible during extended hours. Several rooms are reserved for teamwork or individual project work.
- ▶ ENIB is located in Plouzané, near Brest. The campus location should be taken into consideration when looking for accommodation, depending on whether you prefer to live in the city or nearby. The campus is also accessible by public transportation.



# **PART 2: PREPARING FOR ARRIVAL**

# 1 – ACADEMIC CALENDAR / IMPORTANT DATES

	Fall Semester (admission in september)	Spring Semester (admission in january/february)
Pre-school	August 25, 2025	January 26, 2026
Start of class	September 1, 2025	February 2, 2026
End of class	January 16, 2026	June 22, 2026
Final exams	No final exam (continuous assessment)	No final exam (continuous assessment)

### ► School holidays for 2025-2026 (zone B) :

- ✓ All Saints' Day: from Saturday, October 18, 2025 to Monday, November 3, 2025
- ✓ Christmas: from Saturday, December 20, 2025 to Monday, January 5, 2026
- ✓ Winter: from Saturday, February 14, 2026 to Monday, March 2, 2026
- ✓ Spring: from Saturday, April 11, 2026 to Monday, April 27, 2026

### ► ENIB holidays for 2025-2026:

- ✓ All Saints' Day: from Saturday, October 25, 2025 to Monday, November 3, 2025
- ✓ Christmas: Saturday, December 20, 2025 to Monday, January 5, 2026
- ✓ Winter: Saturday, February 14, 2026 to Monday, February 23, 2026
- ✓ Spring: Saturday, April 11, 2026 to Monday, April 27, 2026

### ▶ Public holidays for 2025-2026 :

- ✓ Saturday, November 1, 2025
- ✓ Tuesday, November 11, 2025
- ✓ Thursday, November 25, 2025
- ✓ Thursday, January 1, 2026
- ✓ Monday, April 6, 2026
- ✓ Friday, May 1, 2026
- ✓ Friday, May 8, 2026
- ✓ Monday, May 25, 2026
- ✓ Tuesday, July 14, 2026

# 2 – ADMINISTRATIVE REGRISTRATION AT ENIB

- ▶ Following your admission, the International Relations office will send you an email with a link to complete your administrative registration.
- ➤ You will be asked to complete your registration form and provide the required documents, and to send everything to the service Scolarité, by email to : <a href="mailto:scolarite@enib.fr">scolarite@enib.fr</a>, copying in <a href="mailto:international@enib.fr">international@enib.fr</a>
  - ✓ NO LATER THAN AUGUST 20, 2025 (fall semester admission)
  - ✓ **NO LATER THAN JANUARY 20, 2026** (spring semester admission)
- An explanatory note will guide you. You will also find information on the following topics via this link https://www.enib.fr/inscriptions/
  - ✓ Registration fees
  - ✓ Additional information (CVEC payment, social security coverage, etc.)
  - ✓ Information about the Kernevent Association Restaurant (RAK)
  - ✓ Practical information (accommodation, laptop, SUAPS, etc.)
  - ✓ ENIB regulations



### **CVEC, Student and Campus Life Contribution**

CVEC certificate, only for students coming for a degree Does not apply to exchange students https://www.campusfrance.org/fr/les-10-choses-a-savoir-sur-lacontribution-vie-etudiante-et-de-campus-cvec-0

- ▶ If you have any questions about the administrative registration process, please email the service Scolarité, at <a href="mailto:scolarite@enib.fr">scolarite@enib.fr</a>
- ▶ Regarding registration fees, students from institutions that have a partnership with ENIB are EXEMPT from registration fees ONLY if they present a certificate of enrollment from their home institution.



### 3 - VISA

The official website for visa application to France is: <a href="https://france-visas.gouv.fr/web/france-visas.gouv.fr/web/france-visas/accueil">https://france-visas.gouv.fr/web/france-visas.gouv.

### √ STEP 1 > Request for a visa (before arrival)

Students **from the EU or the EEC** require only their national identity card or passport to enter France. These documents must be valid for the entire length of your stay.

Students from **outside the EU or EEC** must apply for a VLS-TS (a long-stay visa valid as a student residence permit) or, for those staying less than 3 months, a short-stay visa.

Visa requests must be made through Campus France (Études en France procedure). You must complete an online request that will then be validated by ENIB. To learn more about the Études en France procedure, visit the Campus France website and see the section relevant to your home country:

https://www.campusfrance.org/fr/candidature-procedure-etudes-en-france

✓ STEP 2 > Validation of your visa (immediately upon arrival)

Upon arrival in France, and within a maximum of three months, students must quickly validate their residence permit online. To do so, they must:

1 – Go to ANEF platform : <a href="https://administration-etrangers-en-france.interieur.gouv.fr/">https://administration-etrangers-en-france.interieur.gouv.fr/</a>

### 2 - Have the following documents ready:

- ✓ Valid email address
- ✓ A passport and visa
- ✓ A residential address in France
- ✓ A credit card to pay the residence permit issuance fee. (If you do not have a credit card, you can purchase an electronic stamp at a tobacco shop).
- **3 Download the VLS-TS validation confirmation**: Students can also download it by logging into their personal account or via the confirmation email that will be sent to them. This document will serve as proof that you have completed the process and are in good standing (as a residence permit holder). It will allow you to travel, complete various formalities (CAF, Social Security, etc.), and renew your residence permit at a later date.
- **4 If you have any difficulties** with the visa application process, we strongly recommend that you contact the Centre de Mobilité Internationale (CMI), which would assist you with this process.

Please note: do not contact the Brest sub-prefecture directly. The CMI will be able to help you first!



### **Centre de Mobilité Internationale de Brest**

235, cours Aimé Césaire

Cité Internationale (Plateau des Capucins), Recouvrance

Phone: +33 (0)2 98 01 67 00 E-mail: etudiant@cmibrest.fr https://www.cmibrest.fr/

► To understand the visa application process, you can also watch the tutorial "Applying for or renewing a residence permit online" on the Campus France website: <a href="https://www.campusfrance.org/fr/des-tutos-pour-aider-les-etudiants-internationaux-dans-leurs-demarches">https://www.campusfrance.org/fr/des-tutos-pour-aider-les-etudiants-internationaux-dans-leurs-demarches</a>

### 4 - HOUSING

Finding affordable housing takes time, and it can be difficult to find something at the start of the academic year. That's why, we strongly recommend that you start looking for housing before your arrival.

In Brest, there are several options for finding housing.

- ✓ Housing reserved for students and managed by the Centre National des Œuvres Universitaires et Scolaires (CROUS)
- ✓ Private student residences
- ✓ Private housing
- ✓ Homestay (roommate)

In France, housing is described as: studio, T1, T2, T3, T1 BIS, etc.

- ✓ The number indicates the number of rooms, excluding the bathroom and toilet (WC).
- ✓ "Bis" means that one of the rooms is larger than the others, or can be divided into two separate spaces.

### ► CROUS University residence

### MONTHLY RENT: approximately €256

Housing costs (water, electricity, internet, etc.) are included. These residences are affordable and located close to the city center. There are three CROUS university residences in Brest (Kergoat, Bouguen, Lanrédec):

https://www.crous-rennes.fr/logement/le-bouguen/ https://www.crous-rennes.fr/logement/kergoat/ https://www.crous-rennes.fr/logement/lanredec/

which offer two types of rooms:

- ✓ Standard room (9m²): shared bathroom, shared kitchen, sink in the room
- ✓ Renovated room (9m2): private bathroom, toilet and sink, refrigerator, shared kitchen

To reserve a student room in a CROUS university residence, a housing application form will be sent to you by emai, I upon your admission by the ENIB International Relations office.

### PLEASE NOTE: the number of rooms at CROUS residences is limited.



For any request for information from the CROUS (scholarships, housing, culture, student and campus life contribution (CVEC), social services, catering, emergency financial assistance, etc.), there is also a single number to call.  $\bigcirc$  09 72 59 65 65

http://www.crous-rennes.fr

### ► Private student residence KER STUDY (Les Amitiés d'Armor)

### MONTHLY FEE: from €278

A welcoming, contemporary student residence for students and young professionals, located in the heart of the Brest-Iroise Technology Park in Plouzané (a 5-minute walk from ENIB). Designed to combine independence, community living, and modern comforts, it opened its doors in August 2025. To reserve student accommodation, please complete the online form on the residence website. https://kerstudy.fr/

### ► Private student residence ARPEJ

### MONTHLY FEE: from €330

Housing costs (water, electricity, internet, etc.) are included. Choice of shared accommodation for 2-3 people.

There are two in the center of Brest

Résidence Recouvrance

Résidence Liberté

And one nearby ENIB (200m walking): <a href="https://www.arpej.fr/fr/residence/du-technopole-residence-etudiante-brest/">https://www.arpej.fr/fr/residence/du-technopole-residence-etudiante-brest/</a>

Reservations can be made online on the website of the residence of your choice. Then click on the orange **BOOK** button > choose the start month (ex. January) > select the accommodation you are interested in.

### ► Private student residence Les Belles Années

### MONTHLY FEE: from €440

The R'CAMPUS residence is located in Dupuy-de-Lôme, in the center of Brest, close to tram stops. It offers furnished studio or one-bedroom apartments. All apartments have a kitchenette, a sleeping area, a desk, a bathroom with shower, and a private toilet. Please note that electricity charge is not included in the price of the apartment.

https://www.lesbellesannees.com/appartement-etudiant-brest/residence-r-campus/

### ► Private student residence UXCO

### MONTHLY FEE: from €490

The Lemon residence is located in the Capucins district, close to the historic center of Recouvrance. It offers shared studio to two-bedroom apartments, each equipped with a kitchenette, a sleeping area, a desk area with storage space, and a bathroom with shower and private toilet.

The rent includes furnished accommodation, a linen kit, common charges, hot and cold water, and heating. For shared rooms, electricity is included in the rent.

https://www.uxco.com/fr/logement-etudiant/brest/lemon/

### Private housing (apartment, studio, sharing)

### MONTHLY FEE: approximately €250-400

You can rent an apartment by dealing directly with the owner. Apartments can be rented unfurnished, furnished, or fully equipped. You will need to pay rental charges (water, electricity, etc.).

Be careful of scams: ads on private websites that are not verified. Make sure you do not make any bank transfers before visiting the apartment and signing a lease/rental agreement.

Shared accommodation is one of the most economical solutions. By sharing an apartment or house with other students, you can split the rent and utilities.

Various websites offer private accommodation for students:

http://www.leboncoin.fr

http://www.seloger.com

http://www.appartager.com

https://www.adele.org

https://www.immojeune.com

https://www.location-etudiant.fr

https://housinganywhere.com

https://www.lokaviz.fr/

http://www.appartager.com

https://www.lacartedescolocs.fr

Some organizations can also help you find housing and/or offer housing options:

Le Bureau d'Information Jeunesse (BIJ) : <a href="https://www.bij-brest.org">https://www.bij-brest.org</a>

Le Centre de mobilité internationale (CMI) https://www.cmibrest.fr/fr/etudiants

### ► Temporary accomodation

If you need temporary accommodation upon arrival, here are some examples of affordable lodgings:



### Auberge de Jeunesse du Moulin Blanc

5 rue Kerbriant 29200 BREST 02 98 41 90 41 brest@aj-finistere.org www.aj-brest.org



### **Centre de Keraudren**

110rue Ernestine de Trémaudan 29200 BREST 02 98 34 66 34 accueil@centrekeraudren.com www.centrekeraudren.com



### **Hôtel Center**

4 boulevard Léon Blum 29200 BREST 02 98 80 78 07 info@hotelcenter.com www.hotelcenter.com

Or you can also consult the Tourism Office of Brest, for the list of different types of temporary accomodation:

https://www.brest-metropole-tourisme.fr/

### ► Rental agreement (lease)

The lease is the contract between the tenant and the landlord. The minimum lease term varies depending on the property. This document specifies all the details of the rental (term, payment, charges, description of the property, amount of the security deposit). It is written and mandatory. It must be read and signed by both parties. The first month's rent must be paid upon signing the lease.

### **▶** Security deposit

The security deposit is a guarantee deposit. It is usually equivalent to one month's rent. It will be refunded to you if the property is in good condition at the end of the lease. Rent must be paid at the beginning of each month. Other conditions may apply depending on the residence.

### **▶ VISALE guarantee**

When renting accommodation in France, a guarantor is required. This is an individual or organization that will act as a guarantor for the payment of your rent. In most cases, foreign guarantors are not accepted. If you do not know anyone in France who can act as your guarantor, you can use VISALE rental guarantees.

Intended for students aged **18 to 30 with no income requirements, this free rental** guarantee covers all types of housing (unpaid rent, rental damage). You can check your eligibility on the website www.visale.fr

# ► Housing allowance

All students can apply for financial assistance to help pay for their housing through the Family Allowance Fund (Caisse d'Allocations Familiales/CAF). This assistance is called Personalized Housing Assistance (Aide Personalisée au Logement/APL) and will be deducted from your rent. Sometimes, the residences where you are staying can help you, put together your application.

Simply submit your application as soon as you receive your lease. You will need to open a bank account before and have your bank account details (RIB), and proof of identity, such as a residence permit: <a href="https://caf.fr/allocataires/caf-du-var/offre-de-service/logement/je-suis-etudiant-etou-apprenti/je-suis-etudiant-etou-apprenti/je-suis-etudiant-etranger">https://caf.fr/allocataires/caf-du-var/offre-de-service/logement/je-suis-etudiant-etou-apprenti/je-

APL can significantly reduce your rental costs. It is calculated based on your rent and your financial resources.

### **Examples of APL (may vary depending on individual situation):**

	Example Monthly rent	Example APL
Room CROUS	€256	€36
Room ARPEJ	€340	€92
Private housing	€350	€150

The CMI in Brest can also assist you with this process, by appointment. https://www.cmibrest.fr/fr/international-student-desk/d%C3%A9marches-administratives

### ► Housing insurance

In France, it is mandatory to insure your accommodation, whether it is a room in a university residence or a private rental.

Home insurance provides financial coverage for a wide range of damage that may occur in your home (flooding, fire, electrical damage). It covers not only the building and the apartment, but also the furniture; the occupants of the home at the time of the incident, and their civil liability. This is a multi-risk home insurance.

"Tenant liability insurance" is a home insurance policy that can be taken out with your bank or a private insurer (ADH student insurance, SMEBA, LMDE, etc.). It is often possible to take out a policy online.

All incoming students are required to take out **civil liability insurance** in their country or in France for physical injury caused to third parties in their private life and for property damage. This insurance must cover you in France for the entire duration of your stay.

### 5 – HOW TO GET TO BREST?

### **▶** By plane

Brest Airport is located approximately 10 km from Brest, in Guipavas. A shuttle bus runs regularly between the airport and the Porte de Guipavas tram stop, connecting with tram line A.

https://www.brest.aeroport.bzh/transports-en-commun

### **▶** By train

There is a high-speed train (TGV) service between Paris (Gare Montparnasse) and Brest. There is also a service between Paris and Charles de Gaulle Airport (five trips per day with a change in Rennes), then Rennes and Brest.

To book your train tickets online: <a href="https://www.ouigo.com">www.voyages-sncf.com</a> ou via <a href="https://www.ouigo.com">https://www.ouigo.com</a>

### **▶** By bus

Several bus companies offer low-cost travel in France. <a href="https://fr.ouibus.com/">https://fr.ouibus.com/</a>

### ▶ By car

There is a carpooling platform called "Blablacar" that allows you to travel at a reduced cost. <a href="https://www.blablacar.fr/">https://www.blablacar.fr/</a>

### **▶ PICK-UP SERVICE**

On the day of your arrival in Brest (airport or train station), you can be picked up, by a student volunteer who will take you to your accommodation. This same person will be available to help you with the initial steps upon your arrival, if necessary.

This service is free of charge and is provided by the Centre de Mobilité Internationale (CMI) in Brest.

You can request that welcome service online via the following link:

https://www.cmibrest.fr/fr/international-student-desk/accueil-en-garea%C3%A9roport#overlay-context=

### ► HOW TO GET AROUND BREST?

### **▶** By public transportation

Public transport in Brest is organized into a transport network called Bibus. https://www.bibus.fr/

Bibus includes a tram line, a cable car line, and 29 bus lines.

Tickets can be purchased at the Bibus office located at 33 avenue Clémenceau in Brest, or via the Bibus app. The app allows you to plan your journeys (itinerary, online ticket purchase, line schedules, real-time network traffic information). https://www.bibus.fr/bibus-et-vous/application-bibus

### ► How to access ENIB

ENIB is not located in the city of Brest, but in Plouzané. From Brest city center, you can choose one of the following routes:

✓ From the city center « Place de la Liberté »

Take tram A from the **Liberté** station towards **Porte de Plouzané (Brest)** > Get off at the Porte de Plouzané station > Take **line 02** towards **Technopôle** > Get off at **the Écoles** stop.

### OR

Take **line 02** from the **Liberté Quartz** station towards **Technopôle** > Get off at the **Écoles** stop.

✓ From the SNCF train station

Take line 02 from the Kennedy Gare station towards Technopôle > Get off at the Écoles stop.

Line 11 serves the center of Plouzané and the Brest-Iroise Technopôle.

### **▶** By bike

### **Vélocibus**

Bibus also offers a long-term electric bike rental service called Vélocibus. Online reservations: https://www.bibus.fr/services/velocibus

### <u>VéloZef</u>

VéloZef is the name of Brest Métropole's self-service electric bike service. VéloZef complements the Bibus transport service and allows residents of the metropolitan area to enjoy a 100% electric bike rental service, ideal for short distances or short trips.

185 high-performance bikes (with a range of up to 60 km on a full charge) that are easy to handle, lightweight, and simple to use;

29 fixed stations for charging, picking up, and dropping off bikes, located throughout the metropolitan area in Brest, Plouzané, and Le Relecq-Kerhuon. (\*one station available in front of IMT Atlantique)

Reduced subscription fee of €6 per month (instead of €10) for students and those under 26 years of age for an unlimited number of trips of less than 15 minutes. Trips lasting longer than 15 minutes will cost €1 per 15 minutes or part thereof.

For more information: www.bibus.fr/services/velozef-le-velo-assistance-electrique-en-libre-service

# 6 - BUDGET: COST OF LIVING IN BREST

▶ Brest is a city with an affordable cost of living. To help you plan your budget, below is an estimate of the main expenses (data provided for informational purposes only).

PRINCIPALES DÉPENSES		Montant
Logement (loyer mensuel)	· Chambre universitaire · Logement privé	160-240€ 250-400€
Restauration/Alimentation	· Repas restaurant universitaire · Budget mensuel moyen	3,25€ 170€
Transport (Brest bibus)	Ticket de transport     Abonnement mensuel     Pass annuel	1,50€ 28€ 200-250€
Visa (étudiants non-européens)	· Taxes et droits de timbre (tarif variable selon durée et type de visa)	50-99€
Frais d'inscription	· Étudiants en échange · Étudiants hors échange	Gratuit 601€/an

<sup>\*</sup>Please note that the registration fee for 2025-2026 at ENIB amount to €628 per year.

# 7 - DISABILITY

▶ The ENIB buildings meet PMR (people with reduced mobility) standards and have adapted toilets (WC), reserved parking spaces, exterior floor markings for the visually impaired, adapted stairs as well as access ramps and elevators.





# 8 – INTERNATIONAL STUDENTS MENTORS



- ▶ The International Relations office, in collaboration with the Bureau des Etudiants (BDE), has set up a mentoring program for newly arrived international students. The aim of this program, called **ENIBuddy**, is to enable international students to get in touch with ENIB students **BEFORE THEY ARRIVE IN BREST**.
- ► These ENIBuddy student volunteers (mentors) are familiar with the school, the city of Brest, and its surroundings. They can therefore help new arrivals settle into their new life and integrate into ENIB. Throughout the year, the ENIBuddy program also offers opportunities for French and international students to meet, and discover the city of Brest and its region.
- ▶ Your ENIBuddy will contact you directly, and you can ask them any practical questions you may have (advice on housing, school life, going out, life in Brest and France, etc.).



# **PART 3: FORMALITIES UPON ARRIVAL**

### 1 - VISA

### ► Validation of visa (immediately upon arrival)

When you arrive in France, you must validate your residence permit as soon as possible, within three months: <a href="https://administration-etrangers-en-france.interieur.gouv.fr/">https://administration-etrangers-en-france.interieur.gouv.fr/</a> (see part 2, section 3 - VISA)

This will generate a document called "Confirmation validation VLS," which will be proof that you now have a residence permit. It will allow you to travel, complete various formalities (CAF, Social Security, etc.), and subsequently renew your residence permit.

The Centre de Mobilité Internationale (CMI) can guide you through this process. To contact them <a href="mailto:etudiant@cmibrest.fr">etudiant@cmibrest.fr</a>

### 2 - CAMPUS FRANCE - TUTORIALS

To help you settle in France, Campus France also offers video tutorials. Available in French, English, and Spanish, these videos guide you step by step, through the main administrative procedures you will need to complete upon your arrival in France. <a href="https://www.campusfrance.org/fr/des-tutos-pour-aider-les-etudiants-internationaux-dans-leurs-demarches">https://www.campusfrance.org/fr/des-tutos-pour-aider-les-etudiants-internationaux-dans-leurs-demarches</a>

- ✓ The CVEC
- ✓ VISALE
- ✓ Social security
- ✓ Health insurance
- ✓ Bank account
- ✓ Renewal of residence permit

 $\underline{https://www.campusfrance.org/fr/des-tutos-pour-aider-les-etudiants-internationaux-dans-leurs-demarches}$ 

# 3 – HEALTH INSURANCE (SOCIAL SECURITY)

Health insurance (Social Security) is mandatory for all higher education students.

**Why ?** To be reimbursed for part of your healthcare costs (70%) (doctor's appointments, medical exams, etc.).

**When?** As soon as possible after enrolling in a higher education institution.

**How ?** By visiting the website <a href="https://etudiant-etranger.ameli.fr">https://etudiant-etranger.ameli.fr</a>, available in French and English. **How much ?** It's free. Both French and foreign students do not pay to register with the French social security system.

### **►** European students

If you are a citizen of the European Union/European Economic Area or Switzerland, before you leave, you must obtain a European Health Insurance Card (EHIC) from your health insurance provider in your country of origin.

### ► Non-European students

You must be affiliated with the general social security system, with some exceptions.



### **Special cases (not mandatory)**

- > Quebec students with a RAMQ certificate
- > Students staying for less than 90 days are not considered residents and must purchase private health insurance translated into French or English, including repatriation coverage valid for the entire duration of their stay.

### **▶** Supplementary insurance

In addition to health insurance, you can take out supplementary insurance, known as "mutuelle," which will supplement your health insurance reimbursements. These mutual insurance plans are paid for and are not mandatory. Depending on your residence and income, you can apply for CMU-C (complementary universal health coverage), which is free of charge. Taking out supplementary insurance is strongly recommended, as it provides better reimbursement for routine healthcare costs.

### ► Service Universitaire de Médecine Préventive et de Promotion de la Santé (SUMPPS)

ENIB students have access to the SUMPPS at the University of Western Brittany (UBO). It offers medical, psychological, and social support. This service also keeps students informed about their health rights and guides them in accessing healthcare.



### Coordonnées du SUMPPS:

13 rue de Lanrédec 29200 Brest Tél. +33 2 98 01 82 88

► For psychological support, you can also visit the national platform dedicated to psychological care for students: https://santepsy.etudiant.gouv.fr/

# 4 - OPENING A BANK ACCOUNT

- ▶ It is strongly recommended that you open a bank account upon your arrival in France. This will enable you to receive your housing assistance, health insurance reimbursements, and make everyday purchases, among other things.
- ▶ To open a bank account, simply go to a bank and make an appointment with an advisor.
- ▶ When opening a bank account in France, be sure to bring :
  - ✓ Proof of identity (ID card, passport)
  - ✓ A residence permit
  - ✓ Proof of address: this is a document showing your home address
- ▶ On the day you open your account, you will need to deposit a sum of money (which varies depending on the bank's conditions) into your account.

# 5 – FRENCH PHONE NUMBER

- ▶ It is recommended to get a phone number upon arrival in France.
- ▶ You can order a SIM card online or purchase it in a store of your choice. There are several carriers in Brest, such as Free, SFR, Orange, Bouygues, etc.
- ▶ Don't forget to provide your French phone number to the service Scolarité of ENIB!

# **PART 4: USEFUL INFORMATION**

### 1 – INTEGRATION WEEK

- ▶ ENIB offers a Special Welcome to new international students.
- ▶ Orientation Week generally takes place at the end of august. Participation is mandatory and completely free.
- ▶ Information sessions are usually scheduled to familiarize you with the practical aspects, and administrative formalities upon your arrival (CAF, visa, Social Security, opening a bank account, etc.). The Centre de mobilité internationale (CMI) will also give a presentation.
- ► The International Relations office (RI) and the Bureau des étudiants (BDE) jointly organize events at special times throughout the year (ENIBuddies Evening, Boat Trip, Small World, etc.).



**Each year, ENIB organizes a muticultural event,** the **Small World**, to celebrate all the world cultures present at ENIB. If you want, you could bring your best recipes of your country, objects, traditional costums, posters, flags ...etc., to represent your country or your region!



# 2 - BACK TO SCHOOL DAY

- ▶ A back-to-school program will be sent to you by email, with information about your welcome day and its schedule.
- ▶ Time slots will be set for photos, student ID, information about IT, a tour of the school, and more.

# 3 – WELCOME PACK

- ▶ During the Back to school day, a **WELCOME PACK** will be offered to each new international student, including :
  - √ 1 x 3 days pass, for the public transportation (Bibus)
  - √ 1 prepaid SIM card (€7,50 credit)

# 4 – FRENCH AS A FOREIGN LANGUAGE (FLE)

- Non French speaking students enrolling at ENIB can attend French as a Foreign Language (FLE) classes during their studies at ENIB. Upon arrival, students take a test to determine their level of French and the class they can take.
  - ✓ FLE 1 : course to progress to the intermediate level of French, developing grammar skills and expanding vocabulary (B1)
  - ✓ FLE 2 : course for intermediate level to improve formal written and spoken French (B2/B2+)
  - ✓ FLE 3 : course for advanced level for DALF exam (C1/C2)

### 5 - CATERING

### **RAK**

- ▶ ENIB students can eat at the Kernevent students restaurant (RAK). The restaurant is located a 5-minute walk from the school, right next to IMT Atlantique.
- ► To eat at the RAK, you must add credit to your student card. A link will be sent to you by email after you have completed your administrative registration, so that you can add credit to your student card.
- ▶ No credit card or cash payments are accepted.
- Opening hours:

Please note that there are set opening hours for eating at the RAK, which must be respected. There are two possible time slots for ENIB students:

- ✓ 11:50 am. to 12:10 pm
- ✓ 1:00 pm to 1:20 pm

The RAK is open in the evenings and on weekends.

	From monday to friday	Saturdays, Sundays and Holiday	School vacations
Lunch	Hours above	12:15 pm to 1:00 pm	11:45 am to 1:00 pm
Dinner	7:15 pm to 8:00 pm	7:15 pm to 8:00 pm	7:15 pm to 8:00 pm

- ► To check on menu: https://services.imt-atlantique.fr/rak/pagemenu.php
- ► Meal rate:

Cost for students without a scholarship: €3.95; Cost for students with a scholarship: €1

If you are experiencing financial difficulties, you can apply to CROUS for a €1 rate at : <a href="https://www.lescrous.fr/2025/09/comment-beneficier-du-repas-crous-a-1e/">https://www.lescrous.fr/2025/09/comment-beneficier-du-repas-crous-a-1e/</a>

If you obtain a certificate for access to meal at  $\{1, please send it to the service Scolarité at : <math>scolarite@enib.fr$ 

### **University restaurant CROUS**

You can also eat at a CROUS university restaurant in Brest.

To view the various university dining options and menus in Brest:

https://www.crous-rennes.fr/se-restaurer/

► How do I pay at the CROUS University Restaurant?

Izly is an online account that allows you to securely pay for many CROUS services (catering, laundrymats, vending machines) with your student card or smartphone (via the app available on Android and iOS).

- ► Who is Izly for ? <a href="https://www.izly.fr/">https://www.izly.fr/</a>
  - ✓ Any student enrolled in a higher education institution.
  - ✓ All staff (administrative and teaching) at higher education institutions.
  - Certain institutions and administrations that have an agreement with CROUS.
- ► How do I activate my Izly account?

At the start of the academic year, you will receive an activation email allowing you to confirm your registration with Izly and containing your temporary secret code. In just a few clicks, activate your account, top up, and pay!

https://www.crous-rennes.fr/se-restaurer/payer-son-repas/payer-avec-izly/

Present your student card or, in the mobile app, click on "pay" and present the QR code.

# 6 - CLASS SCHEDULE

- ▶ The organization of classes at ENIB differs from the one of "traditional" schools. A teaching unit lasts 1h25, and allows for daily scheduling of classes, as shown in the table below.
- ► Compliance on the timetable is imperative. The break between H3 and H4 is only 5 minutes, and other breaks are 10 minutes long. All students are released either in H3 or H4 for their lunchbreak.

Ш

	Début	Fin
H1	08h05	09h30
H2	09h40	11h05
Н3	11h15	12h40
H4	12h50	14h15
Н5	14h25	15h50
Н6	16h00	17h25
Н7	17h35	19h00

### 7 - LIBRARY

- ▶ The Pôle Documentaire en Ingénierie (PDI) is located in the ENIB 2 Building, Entrance A. It brings together the documentary collections of Bretagne INP, ENIB and ESIAB. As a partner of the UBO Joint Documentation Service, it is part of the Brest University Libraries network.
- ► The ENIB Library (also known as the PDI) is accessible to students and staff. It primarily offers documentation related to the school's teaching disciplines, as well as a general knowledge collection (newspapers, novels, preparation for administrative exams, etc.). It develops collections to support language learning in order to support and facilitate students' international mobility.
- ► For more information (opening hours, documentation portal, online catalog, etc.), visit : https://www.enib.fr/vie-etudiante/pdi/

# 8 - DIGITAL SERVICE

### ► To access to digital work environment (Environnement Numérique de Travail/ENT)

The Digital Work Environment (ENT) allows you to access the school's intranet services : timetable, Moodle, messaging, document resources, etc.

### ► How to retrieve your ENT access codes?

After completing your registration with the Registrar's Office, you will receive an email with a password initialization link: <a href="https://id.enib.fr/recovery.php">https://id.enib.fr/recovery.php</a>

- ✓ Enter the email address you provided when you registered.
- ✓ Go to your personal email account and click on the link.
- ✓ Choose a password that is at least 12 characters long

### ► To connect to WIFI

At ENIB, there is a Wi-Fi network called "eduroam."

To connect, go to the "Wikis" section of the ENT: https://wiki.enib.fr/dsi/doku.php?id=cri:acces\_wifi

### ► IT support

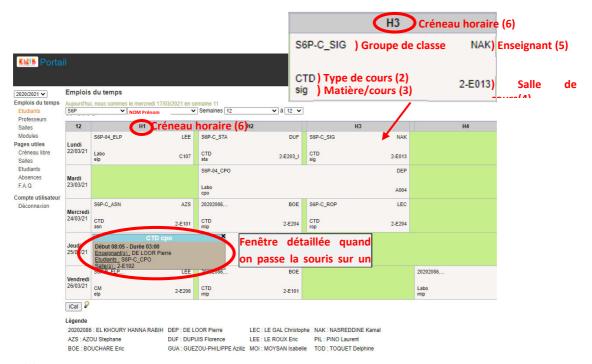
ENIB's IT department is called SNUM. If you need information about connecting to the network, printing documents, or anything else, you can contact SNUM directly by email at : snum@enib.fr

### ► Printing, scanning, and photocopying

Your email address will allow you to print, copy, and scan your documents. Printers are available in the school buildings. Each student has a rechargeable account on the ENT. (See the Reprography and Printing section in the wiki). At ENIB, the cost of a copied or printed page is €0.09. Scanning a document is free.

### ► To access your timetable

- ✓ After logging into the intranet (ENT), click on the "timetable" section and select the "student timetable" category.
- ✓ Select your first name/last name from the drop-down menu.
- ✓ Then adjust to the desired dates.



- (1) Class group
- (2) Type of class:
  - ✓ Cours-Travaux Dirigés (CTD): lecture with exercices application (max. 36 students)
  - ✓ Cours Magistral (CM): lecture with a few or no interactions with students.
  - ✓ Laboratoire (Labo): work on equipment (Computer or other) or language classes or SHI (max. 24 Students)
  - ✓ Travaux Pratiques (TP): Reserved for some practical works in English on specific equipment (max. 12 students)
- (3) Subject : class initials
- (4) Classroom:
  - ✓ First digit corresponds with the building number (ENIB 1 or 2)
  - ✓ Letter corresponds with the wing of the building
  - ✓ Second digit corresponds with the floor
  - ✓ Last digits correspond with the classroom number

**Example:** 2-E013 = Building 2, Wing E, ground floor (0), classroom 13

**Example :** Stiff = amphi (auditorium) hall ENIB 1 **Kéréon** = amphi (auditorium) hall ENIB 1

- (5) Teacher's name abreviation
- (6) Time slot (ref. section 6)

# 9 - STUDENT LIFE AT ENIB

- ▶ The Student Union (BDE) is a student association, run by students, for students. This organization is the hub of ENIB student groups, and sets the pace for the daily life and extracurricular activities at the school.
- ▶ The BDE manages all extracurricular activities offered to students: sporting events, parties, galas, and festive welcome weekends (welcoming new students). It runs the Student House (Maison des étudiants) and the Student Hall (Foyer des élèves), and coordinates all clubs, as they report directly to the BDE.
- ▶ ENIB is fortunate to enjoy a very rich community life. Seven student associations and nearly 25 clubs revolve around the BDE, offering a variety of sports, cultural, recreational, and artistic activities: games, wine tasting, music, photography, video, etc.
- ► The BDE's International Club is dedicated to international students. Its mission is to help them integrate through various activities: ENIBuddies; Integration week; Organization of events

# **10 - SPORTS AT ENIB**

- ▶ Le Bureau Des Sports (BDS) offers a variety of sports thoughout the year : rugby, soccer, volleyball, badminton, basketball, diving, sailing, surfing and other board sports.
- ▶ Le BDE provides foosball tables, a pool table, an arcade machine, and snacks ... making it as a welcoming place.





# 11 – EXPLORE BREST AND THE REGION

Brest is a dynamic and lively city! https://www.brest-metropole-tourisme.fr/

Here are some suggetions for activities to do in Brest and around the area:

▶ OCEANOPOLIS: located near Moulin Blanc marina, Océanopolis is a scientific center for culture specialized in the studies of oceans. It is also a gigantic park dedicated to the discovery of sea life available to all public. It has become Brittany's most visited site.

https://www.oceanopolis.com/

▶ PLATEAU DES CAPUCINS: new site dedicated to habitat, economy, leisure, culture and tourism. Progressively, new markets are settling in but a new media library is already on site. New manifestations and artistic expositions are taking place throughout the year. It is possible to access the site from Brest city center through the newly established cable-car

https://www.ateliersdescapucins.fr/fr

► CROZON: located in front of Brest, it takes 1h by road to get there. Thanks to its beautiful natural landscape, Crozon peninsula is an ideal destination for activities on sea and on land

https://www.crozon-tourisme.bzh/

**DUESSANT**: the island of Ouessant is another possible destination in the region. The round-trip boat trip costs between €25 and €35, for an adult, depending on the season (low or high). On site, you'll find many options: water sports, hiking or cycling, visits to the ecomuseum or the island's lighthouses.

http://www.ot-ouessant.fr/

▶ FEST-NOZ: To immerse yourself in the heart of Breton tradition through music and conviviality, the Fest Noz should not be missed! These dance festivals are organized throughout the year in Brittany

https://www.tamm-kreiz.bzh/









# 12 – IN CASE OF EMERGENCY, WHO TO CONTACT?

- ▶ Emergency numbers are mostly toll-free. It is a good idea to add these contacts into your phone.
  - ✓ European emergeny number : 112
  - ✓ Ambulance (SAMU): 15
  - ✓ Fire: 18
  - ✓ Police: 17
  - ✓ Emergency on-call doctor: 02 98 34 00 00
  - ✓ Association des Gardes Médicales Brestoises (A.G.M.B): 02 98 44 55 55
  - ✓ Hospitals in Brest:
    - Brest University Hospital (Hôpital de la Cavale Blanche): 02 98 22 33 33
    - Army Hospital (emergency): 02 98 43 72 33
    - Keraudren Polyclinic (emergency): 02 98 34 29

# 13 - CHECK LIST

On the Campus France website, you can find a step-by-step checklist of what to do and plan for your arrival in France.

https://www.campusfrance.org/fr/organiser-arrivee-France-check-list

BEFORE YOUR DEPARTURE
□ Book your accommodation
☐ Apply for a visa
☐ Plan your budget
☐ Pay the CVEC (if applicable)
☐ Bring your important documents
UPON YOUR ARRIVAL
☐ Validate your residence permit
☐ Register for social security (health insurance)
☐ Subscribe to a complementary insurance (mutuelle) (optional)
☐ Formalities for accomodation
☐ Open a bank account
☐ Get a french phone number
☐ File for allowance (APL) via CAF
■ ANEF platform procedure

To validate your residence permit via the platform ANEF, documents are required:
☐ Copy of your passport
☐ Proof of adress in France
☐ ID picture
☐ A digital stamp ( <u>www.timbresofii.fr</u> ) or tax stamp with required amount
□ visa
Visa fee
☐ For countries with CEF« Étude France » : 50€
☐ For other countries : 99€
Please note that these amounts are provided for information purposes only, and different fees may apply depending on specific circumstances.
For your visa application, you will also need to provide proof of accommodation for the first three months of your stay.
Social Security/Health insurance (Caisse Primaire d'Assurance Maladie)
□ Passport
☐ Visa or residence permit
☐ Bank account details (RIB) under your name
☐ Birth certificate in french and in the original language
☐ Student ID card or certificate of enrollment
Aide Personnalisée au Logement (APL) via la Caisse d'Allocations Familiales (CAF)
☐ Copy recto-verso of passport
☐ Copy of valid residence permit
☐ Bank account details (RIB) under your name
☐ Proof of rent or residence
□ Proof of income (statement of financial ressources)
Bank account
☐ Official and valid ID (national ID card, passport, residence card or permit, etc.)
☐ Proof of address dated within the last 3 months (electricity, water or landline bill, etc.)
☐ Student ID card or certificate of enrollment
☐ Money to be deposited (the amount subject to each bank's specific conditions)

# 14 - QUESTIONS ? DO NOT HESITATE ...

▶ The International Relations Office (RI) is the main point of contact to answer all your questions and assist you before your departure and throughout your study stay at ENIB.

### ► Our team at International Relations Office :

- ✓ Pauline COTTIN, International Relations Coordinator
- ✓ Katy LE BRIS, International Relations Office Officer (incoming mobility)
- ✓ Jérémie LE GOFF, International Relations Officer (outgoing mobility)

### ▶ Opening hours of International Relations Office :

- ✓ Monday: 9am to 12am / 1pm to 5pm
- ✓ Tuesday: 9am to 12am / 1pm to 5pm
- ✓ Wednesday: 9am to 12am / 1pm to 5pm
- ✓ Thursday: 9am to 12am / 1pm to 5pm
- ✓ Friday: 9am to 12am / 1pm to 4pm
- ▶ The RI office is located on 1st floor, Building 1 (office A101).



### **Contact of International Relations Office (RI)**:

E-mail: international@enib.fr

Phone : +33 (0)2 98 05 66 47 (outgoing mobility) +33 (0)2 98 05 66 51 (incoming mobility)

# ... SEE YOU SOON AT ENIB IN BREST!





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